



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | ENHANCED CARE

The mission of Spring Hills is to demonstrate ***“Caring with a Commitment to Quality”*** by aspiring to the highest professional standards, while providing care and services in a compassionate environment that supports the health and well-being of our Residents. Our ongoing concern for the needs of our Communities, along with a dedication to the highest personal and professional standards, will inspire us to exceed the expectations of our Residents and fellow Associates. We will be the premier healthcare provider in the communities that we service.

## *Welcome to Spring Hills*

Spring Hills Senior Communities owns and manages innovative, distinctive Assisted Living Communities where Residents can live each day to its fullest in a supportive environment that promotes health, well-being, and fulfillment. With our Signature Touches, a set of programs and services unique to Spring Hills, our professional staff is dedicated to enhancing the lives of our Residents with a personal touch.



### *Our President/CEO*

Alexander C. Markowits

At Spring Hills, we begin each day with a promise to give the best of ourselves to the remarkable people we serve. This dedication to “Caring with a Commitment to Quality” defines who we are and provides a strong foundation for building relationships of trust with our valued Residents and their families.

Our dedication to providing distinctive, innovative services that meet the needs of our Residents began in 1999 with the transformation of a Skilled Nursing Facility in Morristown, New Jersey, into an Assisted Living Community that better met the needs of the local population. Today, by providing the best collection of personalized care and services, imaginative programs, and spacious living accommodations, Spring Hills leads the way in meeting the changing needs of senior adults. We are committed to providing premier services with a distinctive, holistic personal touch; these are our Spring Hills Signature Touches. We invite you to see how our fresh approach to Assisted Living can make a difference in your life.

A man with a white beard and glasses, wearing a dark blue suit and tie, sits at a table. He holds a glass of amber-colored wine in his left hand and a fork with a small portion of food in his right. He is looking towards a woman with short blonde hair, who is wearing a light-colored textured jacket and a pearl earring. She is also looking at the food. The background is softly blurred, showing warm interior lighting and a textured wall.

## *Opulent Lifestyle*

Live Life on Your Terms



*I*mmerse yourself in a world of sophistication and comfort, where unparalleled service, personalized care, and exquisite surroundings redefine the meaning of luxury. The Spring Hills Opulence Collection of Senior Living Communities is the perfect setting for you to retire and live the lifestyle you've always wanted.





*W*ith you in mind, we go beyond conventional care to embrace a comprehensive approach that caters to every facet of well-being. Our multidisciplinary team integrates expert care services with cutting-edge technology to customize our care to your needs.

Enjoy personalized fitness, therapy, and wellness classes led by experts trained in the latest health practices. Immerse yourself in enriching social and cultural experiences. Indulge in gourmet, nutritionally balanced meals crafted by our culinary team. Every aspect is dedicated to offering a vibrant and fulfilling life, setting a new standard of care for an unparalleled experience that nurtures mind, body, and soul.

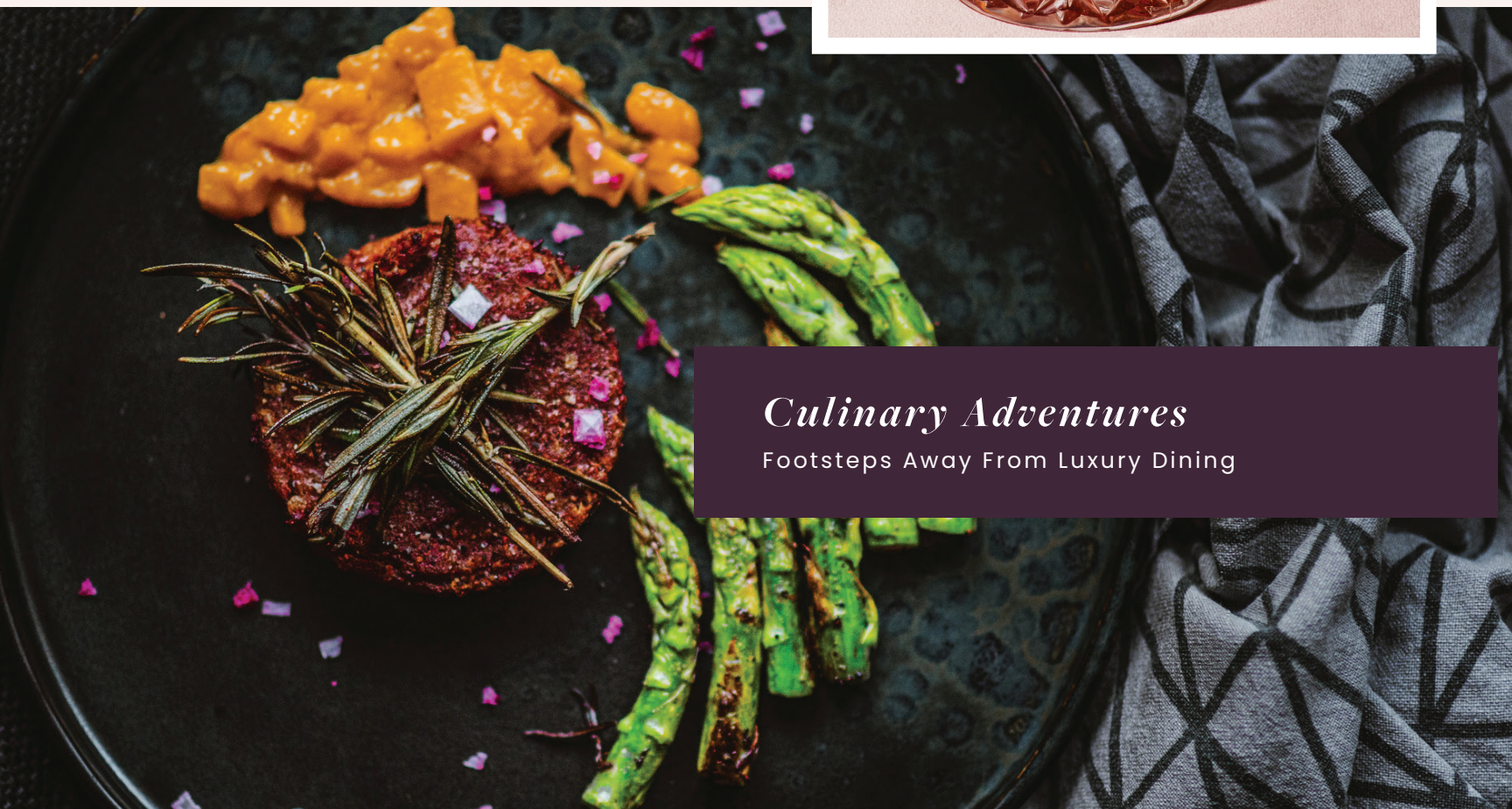


## *Holistic Wellness*

Mind, Body, and Soul



Exceptional cuisine, impeccable service, and an elegant ambiance are the pillars of fine dining. Whether enjoying a lavish dinner in our dining room, Weekend Brunch with your family, room service in your apartment, or a meal with your friends at one of our multiple dining venues, our talented culinary team will ensure it's always a memorable and indulgent experience. In addition to providing meals and personalized service, our thoughtful dining staff also works individually with Residents to accommodate special preferences and dietary needs.



## *Culinary Adventures*

Footsteps Away From Luxury Dining



Our exciting activities program is characterized by a blend of sophistication, comfort, and exclusive experiences that cater to the unique preferences and desires of discerning seniors. Residents can enjoy creative pursuits such as art workshops, live entertainment events, wellness retreats and educational programs. Outdoor activities, travel excursions, pet therapy, and personalized services further contribute to a vibrant community, fostering social connections and enriching the overall experience.



## *Exciting Endeavors*

A Life Full of Joy



*Why choose if you can have it all.  
Let your imagination run free.*

- Fine Dining Experiences
- Cultural experiences
- Educational programs
- Exclusive Events
- Wellness Retreats
- Travel Excursions
- Concierge Services
- Chef Led Classes
- High-End Spa Services
- Luxury Transportation





## *Care Services*

A Holistic Approach to Wellness

Our 24/7 multidisciplinary team will create a personalized healthcare plan with a holistic approach focused on each Resident's physical, mental, emotional, and social needs. This involves a comprehensive assessment to customize care and address physical, mental, and emotional health and well-being, lifestyle changes, social support, and preventive measures. We incorporate alternative therapies and emphasize education, regular follow-ups, and person-centered decision making.







## *Levels of Care*

Tailored to Your Needs

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est assured, at every step of your journey, we are committed to customizing our care to meet your unique needs. No matter where you are in your path, we're here to provide personalized support that aligns perfectly with your individual requirements and aspirations.

- Independent Living
- Assisted Living
- Memory Care
- Enhanced Care
- Physical Therapy
- Physician House Calls
- Exercise Physiology
- Speech Therapy
- Occupational Therapy
- Chronic Disease Management
- Clinical Pharmacy

Every Spring Hills Associate receives continuing training grounded in the hospitality practices of one of the world's premiere 5-star hotels. Our team members cultivate a warm and welcoming atmosphere, delivering a seamless blend of comfort, safety, and elegance in every interaction, to exceed our Residents' expectations.



## *Our Team*

Personalized Care







t Spring Hills, our Associates are our most important resource in our service commitment to our Residents.

In sharing our Commitment to Quality, we commit to our Associates that we will dedicate ourselves to the principles of trust, honesty, respect and integrity while ensuring a supportive, creative and professional work environment. Spring Hills Communities will strengthen our Commitment to Quality through supporting a work environment where diversity is valued, quality of life is enhanced, and personal and professional ethics are recognized.

*Opulence Collection*

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to explore  
our services!

