

ENTRÉES



TRICOLOR TORTELLINI WITH ALFREDO _____

Cheese stuffed tortellini pasta with Alfredo sauce; served with a side salad
(6 oz.)



CHICKEN PARMESAN _____

Breaded chicken breast topped with marinara sauce and parmesan cheese; served over pasta and peas
(5 oz.)



PAN SEARED FLOUNDER _____

Tender Filet of Flounder pan seared with garlic and margarine; served with scalloped potatoes and mixed vegetables
(4 oz.)



MEAT LOAF _____

Home made meatloaf with ketchup; served with mashed potatoes and stewed tomatoes
(4 oz.)



BREADED COD FISH _____

Breaded filet of Cod fish with tartar sauce; served over mashed potatoes and mixed vegetables
(4 oz.)



TURKEY A LA KING _____

Diced Turkey breast cooked in a rich cream sauce with vegetables; served with corn bread
(4 oz.)



SALISBURY STEAK _____

Beef patties simmered on a Worcestershire and onion gravy served with mashed potatoes and seasoned carrots
(4 oz.)



SPAGHETTI MEATSAUCE _____

Spaghetti pasta with our homemade meat sauce; served with broccoli
(6 oz.)

SIDES

You can always substitute your sides with any from the selection below:

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|----------------------|-----------------|--------------------|----------------|
| • French Fries | • Pasta | • Fresh Broccoli | • Cole Slaw |
| • Mashed Potato | • Squash medley | • Stewed tomato | • Fresh Fruit |
| • Sweet Potato Fries | • Spinach | • Vegetable Medley | • Garden Salad |

HOT DOG

Grilled or boiled served on hot dog roll
(4 oz.)

EVERY DAY FARE

Served with Fresh Fruit and French Fries

EGG OMELET

With choice of onions, peppers, ham & cheese
(2 eggs)

DELUXE BURGER

Hamburger on bun topped with lettuce & tomato
(4 oz.)

SANDWICH

Choice of ham, tuna, egg salad or chicken salad; served on white, wheat or rye bread with your choice of American or Swiss cheese
(3 oz.)

CHICKEN TENDERS

Deep fried, breaded
(2 pieces)

GRILLED CHEESE SANDWICH

PEANUT BUTTER & JELLY SANDWICH

DESSERTS

Ask your Dining Captain about our selection of No Sugar Added Desserts

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|---------------------|-----------------|----------------------------|------------------------------------|
| • Lemon Cake _____ | • Pudding _____ | • Ice Cream Sandwich _____ | • Assorted Ice Cream Flavors _____ |
| • Fresh Fruit _____ | • Cookies _____ | • Lemon Sherbet _____ | |
| • Jell-O _____ | | • Orange Sherbet _____ | |