

The Orange Blossom

Café

At



SPRINGHILLS
LAKE MARY™

SOUP OF THE DAY

ASK YOUR SERVER

STARTERS



SEASONAL FRUIT

Small Bowl of a seasonal fruit mix.
(3 oz.)



CARROT RAISIN

Traditional mix of shredded carrots, raisins and mayo
(3 oz.)



STARTERS

TOMATO ASPIC

Refreshing gelatin of tomato, celery and onions
(3oz.)

Mandarin Oranges

Small bowl of mandarin oranges
(3 oz.)



SALADS & SANDWICHES



SPRING HILLS GARDEN SALAD

Iceberg Lettuce, Tomatoes, & Shredded Carrots.



SEAFOOD SALAD

Baby shrimps, imitation crab meat, celery, onions and mayonnaise. Served over lettuce and tomatoes.
(4 oz.)



FRESH FRUIT SALAD W/ COTTAGE CHEESE

Fresh Seasonal Fruit Salad served with Cottage Cheese



CHICKEN CAESAR SALAD

Grilled Chicken Breast on Romaine Lettuce, Parmesan Cheese, Croutons & Tomatoes Tossed in a Creamy Caesar Dressing.



CHEFY'S COB SALAD

Romaine lettuce with diced ham, tomato, boiled egg, chicken breast, red onions, avocado and blue cheese.



CHOICE OF DRESSINGS

Oil & Vinegar / Italian / Balsamic Vinaigrette / Ranch / Creamy Caesar / Bleu Cheese

RUBEN SANDWICH

Traditional corned beef sandwich with thousand island dressing, sauerkraut and swiss cheese in a grilled rye bread.
Served with fresh fruits.
(5 oz.)

VEGETARIAN BURGER

Meatless vegetarian burger served with lettuce, tomato, raw onions and fresh fruit on the side.
(4 oz.)

GRILLED HAM & CHEESE

Shaved ham with american or swiss cheese grilled on your favorite bread slices served with fresh fruits.
(3 oz.)

ROASTED CHICKEN ON BUN

Roasted chicken breast on a toasted bun with lettuce, tomato and Mayo.
Served with baby carrots
(4 oz.)

BEVERAGES

- Apple Juice
- Diet Fruit Punch
- Orange Juice
- Prune Juice
- Tomato Juice

- Diet Iced Tea
- Coffee Regular or Decaf
- Hot Chocolate

- Lactaid Milk
- 2% Milk
- 1% Chocolate Milk
- Hot Tea



Gluten Friendly



Diabetic Friendly



Heart Healthy



Garden Fresh

VEGETARIAN

SPINACH LASAGNA

 Spinach and cheese lasagna with alfredo sauce. Served with mixed vegetables (6 oz.)

MACARONI & CHEESE

Macaroni pasta with onions in a creamy aged cheddar sauce with baby carrots (6 oz.)

SEAFOOD

SHRIMP CAESAR WRAP

 Baby shrimps, romaine lettuce, croutons, parmesan cheese and Caesar dressing in a warm flour tortilla wrap (4 oz.)

PAN SEARED FLOUNDER

  Tender filet of flounder pan seared with garlic and margarine. Served with mashed potatoes and peas (4 oz.)

PORK

ROASTED PORK LOIN

  Juicy and tender pork loin served with scalloped potatoes and fried okra (4 oz.)

COOKED HAM

  Thick slice of ham, cooked with pineapples and served with sweet potatoes casserole and peas. (4 oz.)

BBQ SPARE RIBS

  They are back!!! Our famous BBQ pork ribs served with fries and bake beans. (6 oz.)

ENTRÉES



CHICKEN MELT
Grilled chicken breast topped with melted swiss cheese and served with white rice and green beans (4 oz.)

CHEESE TORTELLINI AND CHICKEN

Diced chicken breast tossed with stuffed tricolor tortellini in a creamy alfredo sauce with mixed vegetables (10 oz.)

CHICKEN QUESADILLA

 Grilled breast of chicken with grilled onions, green peppers and cheese melted on a flour tortilla. Served with broccoli (6 oz.)

TURKEY POT PIE

  Traditional turkey pot pie with biscuit crust and vegetables. (8 oz.)

BEEF

CORNER BEEF BRISKET

  Our favorite corned beef brisket !!! with , mashed potatoes and southern cabbage. (4 oz.)

MELTED PHILLY STEAK

 Grilled slices of Philly steak with swiss cheese and served with sweet potato casserole and fried okra. (6 oz.)

ROAST BEEF

  Slowly roasted beef with gravy served with mashed potatoes and broccoli (4 oz.)

SIDES

You can always substitute any of your sides with any of our great variety

- Sweet Potato Casserole
- Mashed Potato
- White Rice
- Scalloped Potatoes
- Buttered Spaghetti
- French Fries
- Cole Slaw
- Baked Beans
- Fried Okra
- Mixed Vegetables
- Green Beans
- Southern Cabbage
- Peas
- Carrots
- Broccoli

HOT DOG

Grilled or boiled served on hot dog roll

DELUXE BURGER

Hamburger on bun topped with lettuce & tomato. (4 oz.)

GRILLED CHEESE SANDWICH

EVERY DAY FARE

Served with Fresh Fruit and French Fries

SANDWICH

Choice of ham, tuna, egg salad or chicken salad. Served on white, wheat or rye bread with your choice of american, or swiss cheese.

PANCAKES

Served with pork sausages and fresh fruits

EGG OMELET

With choice of onions, peppers, ham & cheese. (2 eggs)

CHICKEN TENDERS

Deep fried breaded chicken tenders (2 pc.)

PEANUT BUTTER & JELLY



DESERTS

GARNISHED WITH MINT LEAVES FROM OUR GARDEN

- Dessert of the Day!
- Fresh Fruit
- Jell-O
- Pudding
- Cookies
- Assorted Toppings
- Ice Cream Sandwich
- Lemon Sherbet
- Orange Sherbet
- Vanilla Ice Cream
- Chocolate Ice Cream
- Strawberry Ice Cream
- NSA Vanilla Ice Cream